



## New Law Limits Health Care & Food Aid for Immigrants

The “One Big Beautiful Bill Act” adds restrictions to these federal programs:

- SNAP
- Medicaid and CHIP
- ACA Health Insurance Subsidy (known as Obamacare)
- Medicare

**Important!** Some states have their own programs that help immigrants with food and health care.

### **SNAP (Supplemental Assistance Nutrition Program)**

Starting July 2025, only these immigrants can get SNAP:

- Lawful permanent resident adults (Green Card holders, some need to meet a 5-year waiting period)
- Lawful permanent resident children (No waiting period applies)
- Cubans or Haitians, with a range of current or past statuses, and
- People from Micronesia, Palau, or the Marshall Islands living in the U.S.

*Important! U.S. citizens or eligible immigrants in your household can still get SNAP.*

### **Medicaid and CHIP (Children’s Health Insurance Program)**

Starting October 2026, only these immigrants can get Medicaid or CHIP:

- Lawful permanent resident adults (Green Card holders) who have met the 5-year waiting period
- Cubans or Haitians, with a range of current or past statuses, and
- People from Micronesia, Palau, or the Marshall Islands living in the U.S.

*In many states, lawfully present children or pregnant immigrants can also enroll with no waiting period.*

### **Affordable Care Act Insurance (ACA) Health Insurance Subsidies**

Starting December 31, 2026, only these immigrants will qualify for the ACA subsidy, which helps make health insurance more affordable:

- Lawful permanent residents (Green Card holders),
- Cubans or Haitians, with a range of current or past statuses, and
- People from Micronesia, Palau, or the Marshall Islands living in the U.S.

*Starting December 31, 2025, lawfully present immigrants who earn less than the federal poverty level will no longer be able to get ACA subsidies.*

### **Medicare**

Starting July 2025, only these immigrants can get Medicare:

- Lawful permanent residents (Green Card holders),
- Cubans or Haitians, with a range of current or past statuses, and
- People from Micronesia, Palau, or the Marshall Islands living in the U.S.

*If you are already enrolled in Medicare, you can keep your coverage until January 4, 2027*